

### Forward Lesson 1- Take Back Your Life

Isaiah 43:18-19 (NIV84)

When we make <u>better choices</u> it ultimately leads to a <u>better</u> life.

It all boils down to the decisions we make.

There is one big problem for us, <u>We are not great decision</u>-makers!!

#### 1. We Are Overwhelmed With Choices

Each day we are faced with over 35,000 decisions that have to be made. It never stops....

# 2. We Are Afraid of Making a Wrong Decision

## 3. We Let **Emotions Overrule Logic**

The problem comes when we make <u>Permanent</u> Decisions based on <u>Temporary</u> Emotions.

If you and I plan on actually living this out in everyday life, we must go ahead and Decide NOW what we will do LATER.

With God's help, we will—<u>Determine our course of</u> action before the moment of decision.

When faced with \_\_\_\_\_ (this situation)
I have pre-decided to \_\_\_\_\_ (take this action).

When your <u>values</u> are clear, your <u>decisions</u> are easier.

I am <u>ready</u>. I am <u>consistent</u>. I am <u>devoted</u>. I am <u>generous</u>. I am <u>faithful</u>. I am a <u>finisher</u>.



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